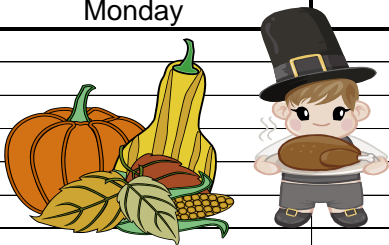
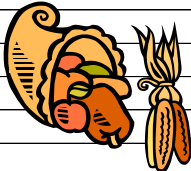




November 2012

SEQUOYAH
SCHOOL

PK-3RD
GRADE

Monday	Tuesday	Wednesday	Thursday	Friday	
					
				1	2
				Beef Mostaccioli	Yummy Chili
				Green beans	Corn
			Baby Carrots	Applesauce	
			Mixed Fruit	Cinnamon Cookie	
			** Birthday Cupcakes**		
5	6	7	8	9	
Spaghetti w/Meat Sauce	Teriyaki Chicken	Smoked Turkey & Cheese	Brown Sugar Ham	Chicken Nugget Rings	
Steamed Broccoli	Brown Rice	Slices w/Crackers	Great Northern Beans	w/Ketchup	
Garlic Roll	Vegetable Medley	Tator Tots / Ketchup	Corn Bread	Candied Sweet Potatoes	
Chilled Peaches	Corn	Orange Smiles	Mixed Fruit	Cinnamon Apple Slices	
	Applesauce			Graham Crackers	
12	13	14	15	16	
Chicken & Noodles	Mini Hamburgers	Hot Dog	Pizza Hut	Turkey & Dressing	
Mixed Vegetables	Dill Pickles	Mustard & Ketchup	Cheese Pizza	Mashed Potatoes	
Steamed Greens	Vegetarian Beans	French Fries	Mixed Vegetables	Gravy	
Chilled Peaches	Rosey Applesauce	Seasoned Tomatoes	Pear	Green Beans	
		Cherry Mixed Fruit		Pumpkin Pie	
				Happy Thanksgiving	
19	20	21	22	23	
Chicken Nuggets	* Sack Lunch*				
Ketchup	Smuckers PB&J Sandwich				
Baked Beans	Baby Carrots / Celery Stk.				
Chilled Peaches	Ranch Dressing Cup				
	Apple Juice / Dried Fruit				
	Prize Day				
26	27	28	29	30	
Pepperoni Pizza	Chicken Rice Soup	Beef Steak on Bun	Scrambled Eggs	Yummy Chili	
Green Beans	Mixed Vegetables	French Fries	Biscuit & Gravy	Great Northern Beans	
Sweet Potato Wedges	Broccoli	Dill Pickles	Tator Tots / Spinach	Applesauce	
Chilled Peaches	Apple Wedges	Pineapple Tidbits	Orange Smiles	Cinnamon Roll	
	Cookie				

November 2012

SEQUOYAH
SCHOOL

PK-3RD
GRADE

Fat Free and LowFat Milk Variety Served Daily			
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