

25|26

COUNSELORS' RESOURCE BOOK

Oklahoma's Colleges & Universities

- Getting Ready for College
- Choosing the Right Courses
- Paying for College
- Helpful Resources



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FOR HIGHER EDUCATION

Improving our future by degrees

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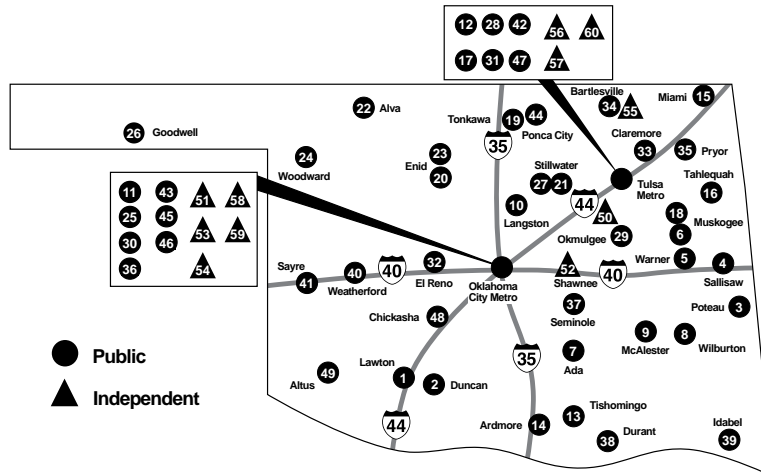
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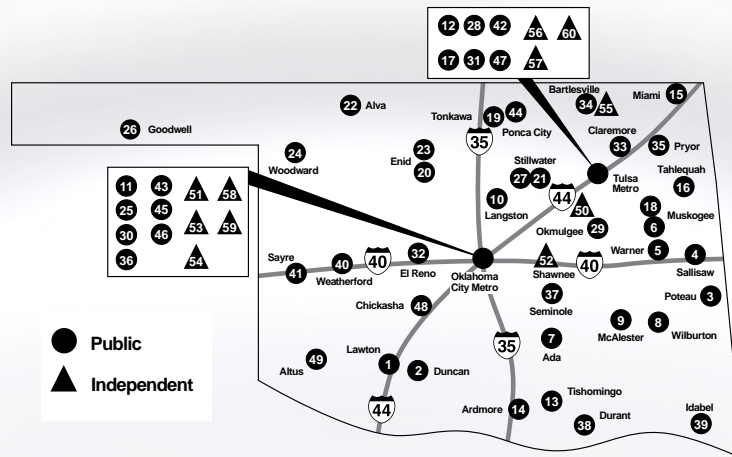
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COLLEGE IS CLOSER THAN YOU THINK



OKLAHOMA PUBLIC COLLEGES, UNIVERSITIES, TECHNICAL BRANCHES, UNIVERSITY CENTERS & LEARNING SITES

1. Cameron University, Lawton
cameron.edu | 800.454.7600
2. Cameron University, Duncan
cameron.edu/duncan | 877.282.3626
3. Carl Albert State College, Poteau
carlalbert.edu | 918.647.1200
4. Carl Albert State College, Sallisaw
carlalbert.edu | 918.775.6977
5. Connors State College, Warner
connorsstate.edu | 918.463.2931
6. Connors State College, Muskogee
connorsstate.edu | 918.687.6747
7. East Central University, Ada
ecok.edu | 580.332.8000
8. Eastern Oklahoma State College, Wilburton
eosc.edu | 918.465.2361
9. Eastern Oklahoma State College, McAlester
eosc.edu/mcalester | 918.426.5272
10. Langston University, Langston
langston.edu | 877.466.2231
11. Langston University - Oklahoma City
langston.edu/oklahoma-city-campus | 405.962.1620
12. Langston University - Tulsa
langston.edu/tulsa | 918.877.8100
13. Murray State College, Tishomingo
mscok.edu | 800.342.0698
14. Murray State College, Ardmore
mscok.edu | 580.319.0370
15. Northeastern Oklahoma A&M College, Miami
neo.edu | 888.464.6636
16. Northeastern State University, Tahlequah
nsuok.edu | 800.722.9614
17. Northeastern State University, Broken Arrow
nsuok.edu/brokenarrow | 918.449.6000
18. Northeastern State University, Muskogee
nsuok.edu/muskogee | 918.683.0040
19. Northern Oklahoma College, Tonkawa
noc.edu | 580.628.6200
20. Northern Oklahoma College, Enid
noc.edu/enid | 918.343.7777
21. Northern Oklahoma College, Stillwater
noc.edu/stillwater | 405.744.2246
22. Northwestern Oklahoma State University, Alva
nwosu.edu | 580.327.1700
23. Northwestern Oklahoma State University, Enid
nwosu.edu/enid | 580.237.0334
24. Northwestern Oklahoma State University, Woodward
nwosu.edu/woodward | 580.256.0047
25. Oklahoma City Community College, Oklahoma City
occc.edu | 405.682.1611
26. Oklahoma Panhandle State University, Goodwell
opsu.edu | 800.664.6778
27. Oklahoma State University, Stillwater
okstate.edu | 800.233.5019
28. Oklahoma State University Center for Health Sciences, Tulsa
medicine.okstate.edu | 800.677.1972
29. Oklahoma State University Institute of Technology, Okmulgee
osuit.edu | 800.722.4471
30. Oklahoma State University - Oklahoma City
osuokc.edu | 800.560.4099



31. Oklahoma State University - Tulsa
tulsa.okstate.edu | 800.364.0710
32. Redlands Community College, El Reno
redlandsccl.edu | 866.415.6367
33. Rogers State University, Claremore
rsu.edu | 800.256.7511
34. Rogers State University, Bartlesville
rsu.edu/bartlesville | 800.256.7511
35. Rogers State University, Pryor
rsu.edu/pryor | 918.825.6117
36. Rose State College, Midwest City
rose.edu | 866.621.0987
37. Seminole State College, Seminole
sscok.edu | 405.382.9950
38. Southeastern Oklahoma State University, Durant
se.edu | 800.435.1327
39. Southeastern Oklahoma State University, Idabel
se.edu/mccurtain | 888.286.9431
40. Southwestern Oklahoma State University, Weatherford
swosu.edu | 580.772.6611
41. Southwestern Oklahoma State University, Sayre
swosu.edu | 580.928.5533
42. Tulsa Community College, Tulsa
tulsacc.edu | 918.595.7000
43. University of Central Oklahoma, Edmond
uco.edu | 405.974.2727
44. University Center at Ponca City
ucponcacity.com | 580.762.2856
45. University of Oklahoma, Norman
ou.edu | 800.234.6868
46. University of Oklahoma Health Campus, Oklahoma City
ouhsc.edu | 877.577.5655

47. University of Oklahoma - Tulsa
ou.edu/tulsa/ | 918.660.3000
48. University of Science and Arts of Oklahoma, Chickasha*
usao.edu | 580.718.5600
49. Western Oklahoma State College, Altus
wosc.edu | 580.477.2000

INDEPENDENT COLLEGES & UNIVERSITIES (MAIN CAMPUSES)

50. College of the Muscogee Nation, Okmulgee
cmn.edu | 918.549.2800
51. Mid-America Christian University, Oklahoma City
macu.edu | 888.436.3035
52. Oklahoma Baptist University, Shawnee
okbu.edu | 800.654.3285
53. Oklahoma Christian University, Oklahoma City
oc.edu | 800.877.5010
54. Oklahoma City University, Oklahoma City
okcu.edu | 800.633.7242
55. Oklahoma Wesleyan University, Bartlesville
okwu.edu | 800.468.6292
56. Oral Roberts University, Tulsa
oru.edu | 800.678.8876
57. Phillips Theological Seminary, Tulsa
ptstulsa.edu | 918.610.8303
58. Southern Nazarene University, Bethany
snu.edu | 800.648.9899
59. Southwestern Christian University, Bethany
swcu.edu | 888.418.9272
60. The University of Tulsa, Tulsa
utulsa.edu | 800.331.3050

*Oklahoma's Public Liberal Arts University

GETTING READY FOR COLLEGE: OSRHE RESOURCES

College is an investment in your students' futures, and they should be planning for it now. The Oklahoma State Regents for Higher Education (OSRHE) offers many free resources to help students and their families consider college options and plan for their future education needs. Many of the programs and resources are listed in this section. For more information, students and parents can visit [OKcollegestart.org](https://okcollegestart.org) and [UCanGo2.org](https://ucango2.org), call the Student Information Hotline at 405.225.9239 or 800.858.1840 or email a request to StudentInfo@osrhe.edu.

For OSRHE resources available in Spanish, visit [OKHigherEd.org/students/publications/espanol](https://okhighered.org/students/publications/espanol). Multiple staff are available to assist students and parents in Spanish through the State Regents' Student Information Hotline noted above.

PROGRAMS, SERVICES AND TOOLS

Advanced Placement Courses (AP)

Allows students to take college-level coursework in high school and receive credit at Oklahoma colleges and universities. For more information, visit [OKcollegestart.org/College_Planning](https://okcollegestart.org/College_Planning).

Concurrent Enrollment

Allows eligible junior and senior high school students to take credit-earning college courses. For more information, visit [OKcollegestart.org/College_Planning](https://okcollegestart.org/College_Planning).

Cooperative Agreements

Higher education institutions have partnered with technology centers across the state in cooperative agreement programs. High school students and adults may earn college credit through assessments, contractual arrangements, and technical transfer toward Technical Certificates, Associate in Applied Science degrees, and Bachelor of Technology degrees offered by a state system college or university. An inventory of current assessments accepted for college credit is available at [ShowWhatYouKnowOK.org/cooperative-agreement-program-inventory](https://showwhatyouknowok.org/cooperative-agreement-program-inventory).

Course Transfer

The State Regents provide a course transfer matrix outlining more than 8,000 courses that will transfer among Oklahoma's public and private colleges and universities. For more information, see the Transferring section, call the Student Transfer Hotline at 800.858.1840 or visit [OKHigherEd.org/course-transfer](https://okhighered.org/course-transfer).

Oklahoma Gaining Early Awareness and Readiness for Undergraduate Programs (GEAR UP)

Administered by the State Regents, this federally funded program helps prepare middle and high school students for college success by offering a wide range of direct support services. These include college tours, ACT preparation and testing, career advising, academic mentoring, college exploration and application assistance, and one-on-one guidance from school site directors and college success

coaches. GEAR UP also provides students and families with college access resources and financial aid application assistance, while offering instructional coaching and leadership opportunities for school faculty and staff. For more information, visit [OKGEARUP.org](https://okgearup.org).

Lead Oklahoma

Lead Oklahoma is a leadership class that comes with research-based curriculum and resources for students in grades 8 or 9. The goal of the program is to increase overall student achievement in school and college readiness while supporting diverse students to explore various careers and professions, especially careers in teacher education. Lead Oklahoma is offered by the Oklahoma Teacher Connection. For more information, call 405.225.9197 or 800.858.1840, or visit [OKHigherEd.org/otc/](https://okhighered.org/otc/).

Oklahoma 529

Oklahoma 529 (formerly the Oklahoma 529 College Savings Plan) provides families with a smart, flexible way to save for their children's future. The plan offers a choice of investment options, tax advantages and the flexibility of using the savings at any qualified higher education institution both in the United States and abroad. Learn more at [Oklahoma529.com](https://oklahoma529.com).

Oklahoma Money Matters (OKMM)

The financial literacy initiative of the State Regents and the Oklahoma College Assistance Program, OKMM helps K-12 schools, higher education campuses, and business and community partners develop or expand financial education services and helps students, adults and families successfully manage personal finances, understand consumer credit and navigate the financial aid process. For more information, call 800.970.OKMM or visit [OklahomaMoneyMatters.org](https://oklahomamoneymatters.org).

Oklahoma's Promise

Oklahoma's Promise (formerly Oklahoma Higher Learning Access Program) awards scholarships to students whose families meet certain income requirements and who have demonstrated a commitment to academic preparation in high school. Students must apply for the program no later than Dec. 31 of their senior year of high school, but we strongly recommend applying early to ensure all program requirements are met. There are additional academic, conduct and financial requirements to keep the scholarship during college. For more information, call 405.225.9152 or 800.858.1840 or visit [OKPromise.org](https://okpromise.org).

Oklahoma Student Preparation

College readiness is more than academic preparation. The aspirations of students and their families to earn a college degree require guidance and support beginning at an early age. The State Regents' Student Preparation office provides the 10th grade PreACT, a college and career readiness assessment, which helps educators, parents and students identify progress in academic

readiness. Through online resources, regional workshops, on-site training and conferences, PK-12 educators are provided with the resources necessary to ensure all Oklahoma students and their families are college-ready. For more information, call 405.225.9156 or visit OKHigherEd.org/student-prep.

Student Information Hotline

Multiple staff are available to provide information about financial aid, admission requirements, placement scores and more in English and Spanish. Call 405.225.9239 or 800.858.1840 or email StudentInfo@osrhe.edu.

Teach Oklahoma

Teach Oklahoma is an enriching elective class designed to “grow your own” teachers with integrated curriculum for high school juniors and seniors. The curriculum is provided at no cost to districts and targets high school students who are interested in discovering more about the various aspects of education. Additionally, the curriculum allows students to gain insight into successful learning strategies through an internship component, with an emphasis in teaching careers. Teach Oklahoma is offered by the Oklahoma Teacher Connection. For more information, call 405.225.9197 or 800.858.1840 or visit OKHigherEd.org/otc/.

Educators Rising

Educators Rising is an extracurricular club/organization for junior high or high school students that highlights teaching as a rewarding and distinguished professional career choice. Educators Rising showcases various teaching fields and focuses on recruiting, retaining and placing teachers in urban and rural Oklahoma schools. Educators Rising hosts an annual state and national competition, with various categories, including a chance to be a national officer for the organization. For more information, please visit OKHigherEd.org/otc or call 405.225.9197 or 800.858.1840.

OKcollegestart.org

Provides a “one-stop shop” for students, parents, adult learners and educators. Students can create a portfolio; build a resume; complete career assessments; access test prep for the ACT, SAT, GRE and other exams; apply for the Oklahoma’s Promise scholarship; and practice a college application. In addition, students can search by keywords and find information about admission requirements and financial aid, explore programs and majors, and receive personalized results to compare colleges. Students can also search for scholarships. See the OKcollegestart.org section for additional information and visit the site at OKcollegestart.org.

Oklahoma’s Promise Flyer

Explains the requirements and benefits of Oklahoma’s Promise, which awards scholarships to students with financial need who have demonstrated a commitment to academic success in high school. Posters and application forms are also available. Materials are provided to counselors in late summer for distribution to students and are also available in Spanish. Visit the site at OKPromise.org.

Your Plan for College

These brochures for 8th-10th graders and high school juniors and seniors outline the required courses students must take in high school to be admitted to an Oklahoma state college or university, admission standards, financial aid information and more. Digital brochures are available to counselors at OKHigherEd.org in early fall for sharing with students and their families.

Quick Glance for Concurrent Enrollment

These one-page documents provide concise information about concurrent enrollment for counselors, parents and students. Visit the concurrent enrollment page at OKcollegestart.org.

ReadySetRepay.org

Keeps students on track for student loan success by encouraging them to make smart borrowing decisions from the start. Topics include loan management, successful loan repayment and avoiding loan default. Visit ReadySetRepay.org.

StartWithFAFSA.org

Provides students and parents with information about specific Free Application for Federal Student Aid (FAFSA) topics and access to helpful FAFSA tools and publications. Visit the site at StartWithFAFSA.org.

UCanGo2.org College Readiness and Financial Aid Publications

Gives high school counselors and teachers tools to help their students plan, prepare and pay for college, including information about the Free Application for Federal Student Aid (FAFSA). The online publications include UCanGo2’s college planning and FAFSA education materials. Find helpful educator tools at UCanGo2.org.

Helpful Publications

Publications are available for download at OKHigherEd.org and UCanGo2.org. For publications available in Spanish, visit OKHigherEd.org/espanol.

Multiple staff are available to assist students and parents in English and Spanish through the State Regents’ Student Information Hotline, which families can reach at 405.225.9239 or 800.858.1840, StudentInfo@osrhe.edu, or in writing:

Oklahoma State Regents for Higher Education
Attn: Communications Department
P.O. Box 108850
Oklahoma City, OK 73101-8850

GETTING INTO COLLEGE

WHAT IT TAKES: PUBLIC COLLEGE AND UNIVERSITY ADMISSION REQUIREMENTS

Courses to Take

Listed in the table below are the courses you must take if you want to go to an Oklahoma state college or university. These courses will also help you prepare for on-the-job success if you decide to jump straight into the job market after high school.

Oklahoma's Promise (Oklahoma's Higher Learning Access Program) course requirements are consistent with college admission requirements, except Oklahoma's Promise students must take additional courses. Visit OKPromise.org/required-courses for more details.

Suggestion for Success: Colleges and universities also recommend, but do not require, that you take an additional unit in laboratory science, an additional unit in math, plus two units in speech or fine arts (music, art, drama).

COURSES	UNITS	EXAMPLES
English	4	grammar, composition and literature
Math	3	Algebra I, Algebra II, geometry, math analysis, trigonometry, pre-calculus, statistics and probability (must have completed geometry and Algebra II), calculus and Advanced Placement (AP) statistics
Laboratory Science	3	biology, chemistry, physics or any lab science certified by school district; general science courses don't qualify
History and Citizenship Skills	3	must include one unit of American history and two units from the subjects of history, economics, geography, government, civics and/or non-Western culture
Other	2	from any of the subjects listed above, any AP course, most courses taken through concurrent enrollment, or from computer science, foreign language, high school psychology or high school sociology
Total	15	

First-time entering students must meet assessment requirements before enrolling in college-level courses. See the State Regents' Student Assessment Plan and Policy for more information.

NOTE: Requirements may change, so see your counselor for up-to-date information. Concurrent enrollment and Cooperative Agreement enrollment by high school students may have different standards. If you want to attend a state college or university but do not meet the course and grade requirements, see your counselor.

OKLAHOMA COLLEGE AND UNIVERSITY ADMISSION STANDARDS

Public Colleges and Universities

When you apply for admission to an Oklahoma state college or university, the institution considers one or more of the following: your score on a national test (ACT or SAT); your high school GPA and its ranking within your high school class; AND your GPA in the 15 core courses required for college entry. Some colleges and universities may also have the option for you to be admitted without submitting an ACT or SAT score. Community colleges do not require a certain score on the ACT/SAT for admission, but you should fulfill the following requirements: take the required high school classes and graduate from an accredited high school or have a GED. For full information about college admission standards, visit the Grades to Make page on OKcollegestart.org.

NOTE: While all students are encouraged to take the ACT or SAT if the tests are available, public colleges and universities are authorized to use multiple measures of student performance to make admission and placement decisions. For more information, students should contact the admissions office at the college or university they would like to attend.

For more information, call the Student Information Hotline at 405.225.9239 or 800.858.1840, email StudentInfo@osrhe.edu or visit OKcollegestart.org/College_Planning.

Independent Colleges and Universities

Course and grade requirements for independent institutions (not tax supported, nonprofit) vary, so check the independent institution

profiles at OKcollegestart.org/College_Planning/Explore_Schools, or see your counselor.

CHOOSING THE RIGHT COURSES

Public Colleges and Universities

After you have been accepted to an Oklahoma state college or university, your academic adviser will help you get a good start by ensuring that you enroll in the right courses for your skill or knowledge level. Your ACT subject test scores in science, mathematics, reading and English will be reviewed.

Generally, if you scored a 19 or higher on a subject test, you will be placed in a college-level course for that subject area. If you scored below 19 on a subject test, your past academic record will be reviewed further or you may undergo additional testing in that area. If you are not entirely ready for college-level work, you will be provided support to increase your requisite knowledge in that specific content area. It is best to prepare for college while you are in high school, so when you get to college, you can focus your time and money on getting your college degree.

For more information, call the Student Information Hotline at 405.225.9239 or 800.858.1840, email StudentInfo@osrhe.edu or visit OKcollegestart.org.

Independent Colleges and Universities

Course placement policies may differ for independent colleges and universities. Check with the institution you wish to attend for additional information.

TRANSFERRING

Public Colleges and Universities

During your college career, you may decide to transfer from one Oklahoma college or university to another. Information gathered by Oklahoma public colleges and universities indicates that, based on junior and senior level GPAs, transfer students perform comparable to students who stay at the same college or university. If you decide to transfer to a four-year university with an Associate in Arts or Associate in Science degree (two-year degrees), State Regents' policy ensures that these degrees will satisfy all general education requirements at the four-year university. If you transfer to another college before you complete an associate degree, your academic adviser can review your records and determine whether or not you qualify to participate in the "reverse transfer" process through which credit hours earned by students after transfer to another institution may be applied to degree requirements at a previously attended

institution or institutions. If not, your general education courses can still be reviewed on a course-by-course basis for matches to those at the college to which you transferred.

To help you during the transfer process, course transfer information is posted at OKHigherEd.org/course-transfer. All state colleges and universities (and most accredited private institutions) participate in the Course Equivalency Project. This project provides course equivalency tables that list courses that will transfer among Oklahoma's public colleges and universities. Courses not listed as part of this project can still be reviewed on a case-by-case basis by the institution to which you are transferring. In addition, each degree-granting college or university lists the requirements for each of its degree programs and publicizes those requirements for use by all other colleges and universities so that you can plan ahead. For more information, visit OKHigherEd.org/course-transfer, see your counselor, call the Student Transfer Hotline at 405.225.9163 or 800.583.5883, or check with the institution to which you plan to eventually transfer.

Independent Colleges and Universities

Transfer guidelines vary from institution to institution. Check with the institution you wish to attend for additional information about coursework transfer and transfer admission requirements. For more information, call the Student Information Hotline at 405.225.9239 or 800.858.1840, email StudentInfo@osrhe.edu or visit OKcollegestart.org.

ACCREDITATION

The Higher Learning Commission accredits all Oklahoma public, and some independent, colleges and universities. An institution's accreditation may affect your ability to transfer courses, to utilize federal financial aid and your employment choices in the future. Check with the institution you plan to attend and ask about accreditation. For more information, call the Student Information Hotline at 405.225.9239 or 800.858.1840, email StudentInfo@osrhe.edu or visit OKcollegestart.org.

PAYING FOR COLLEGE

WHAT IT COSTS

College expenses vary depending on the type of college or university, the number of courses a student takes, a student's major and his or her personal lifestyle, among other factors.

The chart below provides a comparison of estimated annual tuition and mandatory fees for an undergraduate resident student carrying 15 hours per semester at a public college or university during the 2025-26 academic year. For information about additional costs, such as academic service fees, food and housing, and books and supplies, review the public institution profiles at [OKcollegestart.org/College_Planning/Explore_Schools](https://okcollegestart.org/College_Planning/Explore_Schools). Though subject to change, listed costs can serve as a basis for estimating college expenses.

Independent colleges and universities (not tax supported, nonprofit) are generally more expensive than state colleges and universities, so review the independent institution profiles at [OKcollegestart.org/College_Planning/Explore_Schools](https://okcollegestart.org/College_Planning/Explore_Schools), or check with your counselor for an estimate of costs.

2025-26 Estimated Student Costs for Resident Students at Oklahoma Public Colleges and Universities

	RESEARCH UNIVERSITIES	REGIONAL UNIVERSITIES	COMMUNITY COLLEGES	TECHNICAL BRANCHES
Tuition	\$5,393	\$6,063	\$3,603	\$4,236
Mandatory Fees	\$4,319	\$1,709	\$1,290	\$1,051
Total	\$9,712	\$7,772	\$4,893	\$5,287

A complete list of Oklahoma public college and university tuition and mandatory fees is available at [OKcollegestart.org/Oklahoma_Tuition_Breakdown](https://okcollegestart.org/Oklahoma_Tuition_Breakdown).

MONEY FOR COLLEGE

College is an investment in your future that you should be planning for now. You are fortunate to live in Oklahoma, where state colleges and universities are among the most affordable in the nation. Plus, Oklahoma has many resources available to help you and your family plan for and manage the cost of earning a college degree.

Did you know that students attending Oklahoma public and independent (private) colleges and universities receive approximately \$1.5 billion in financial aid per year? There is a good chance you will qualify for financial aid!

Types of Financial Aid

Fortunately, there are many kinds of student financial aid to help you and your family manage the cost of college. While your high school guidance counselor can give you specific financial aid information, the following are some general sources of assistance.

- **Scholarships:** awards given for a variety of reasons, such as good grades, special talents or career plans
- **Grants:** aid that's generally based on financial need and that doesn't have to be repaid
- **Work-study (student employment):** money you earn for college by working part time at the college or university you are attending or at an approved off campus worksite in the community
- **Loans:** borrowed money that you must repay over time, with interest

Getting Financial Aid

To apply for federal financial aid (grants, work-study and loans) and the Oklahoma Tuition Aid Grant (OTAG) program, you should complete the Free Application for Federal Student Aid (FAFSA) as soon as the new form becomes available during your senior year of high school and each year you need aid in college. Call the financial aid office of the college(s) you plan to attend to learn about any additional forms they may require. The FAFSA is available online at [FAFSA.gov](https://fafsa.gov), and families are encouraged to use this method of application (step-by-step instructions are provided on the site). If you don't have the ability to complete the FAFSA online, you can download and print a paper copy that must be completed and mailed in to the processing center. The paper process takes more time and does not offer instant edits to help reduce the possibility of errors like the online process does. Remember, the first F in FAFSA stands for "free." Be wary of any organization that requires you to pay to fill out the FAFSA! Check out [StartWithFAFSA.org](https://startwithfafsa.org) and [FAFSA.gov](https://fafsa.gov) to access helpful information and tools for navigating the FAFSA process.

NOTE: Dependent students must report their parents' income and assets, as well as their own, on the FAFSA. Independent students report only their own income and assets (and those of a spouse, if married). See the FAFSA Dependency Questionnaire in the Resources section at [StartWithFAFSA.org](https://startwithfafsa.org).

Tips for Scholarship Success

Set up an appointment with your school counselor to talk about your scholarship options. Many colleges post available scholarships on their websites. Check with the school you plan to attend to learn about scholarships they may offer. Select the Scholarship tab at UCanGo2.org to find a list of scholarships categorized by deadline date and category. You can also check out other websites that offer free resources and scholarship searches, including:

- OKcollegestart.org
- College-Scholarships.com
- Scholarships.com
- OCCF.org
- Scholarships360.org
- Edvisors.com

For helpful application tips and a list of specialized scholarships, download UCanGo2's Scholarship Success Guide at UCanGo2.org.

Financial Aid Programs

There are numerous state programs to help you pay for college. Many of them are listed on the following pages. For more information, visit OKcollegestart.org or call the Student Information Hotline at 405.225.9239 or 800.858.1840. For more information about federal financial aid options, including grants, work-study programs, loans, and loan forgiveness programs, visit StudentAid.gov.

OKLAHOMA GRANTS

Oklahoma Tuition Aid Grant Program (OTAG)

OTAG is a need-based grant program for Oklahoma residents who attend approved colleges, universities and career technology centers in Oklahoma. Awards are approved for full-time or part-time undergraduate students. Learn more at OKcollegestart.org.

Oklahoma Tuition Equalization Grant (OTEG)

OTEG is a need-based grant program for Oklahoma residents enrolled as full-time undergraduates at Oklahoma not-for-profit, private/independent institutions of higher education. Learn more at OKcollegestart.org.

For more information about Oklahoma grant programs, call 405.225.9456 or 800.858.1840, or email StudentInfo@osrhe.edu.

OKLAHOMA SCHOLARSHIPS & TUITION WAIVERS

Oklahoma's Promise

Oklahoma's Promise is a program for residents of Oklahoma who complete a specific high school curriculum, achieve at least a 2.50 GPA in the curriculum and overall, and abide by certain conduct standards. The student's family must meet specific income eligibility requirements. Students must apply for the program no later than Dec. 31 of their senior year of high school, but we strongly recommend applying early to ensure all program requirements are met. Learn more and get updates on the program at OKPromise.org.

Heroes Promise

House Bill 1343 became effective July 1, 2011, creating a special tuition scholarship for children of Oklahoma military personnel who were killed in action after Jan. 1, 2000. Learn more at OKcollegestart.org.

Oklahoma National Guard Educational Assistance Program

The Oklahoma National Guard Educational Assistance Program was established by the Oklahoma Legislature in 2022 through SB 1418 to provide financial assistance to eligible members of the Oklahoma National Guard to attend public higher education institutions in Oklahoma. The assistance covers the amount of resident tuition, mandatory fees and academic service fees for up to a maximum of 18 credit hours per semester. Undergraduate assistance is limited to 120 credit hours or completion of a bachelor's degree, and graduate assistance is limited to 40 credit hours or completion of a master's degree. Learn more at OKcollegestart.org.

Oklahoma Rising Scholars Award

The Oklahoma Rising Scholars Award (formerly Academic Scholars Program) was created and funded by the Oklahoma Legislature as an incentive for students of high academic ability to attend both public and private higher education institutions in Oklahoma. The program provides a four-year scholarship (eight semesters). Learn more at OKcollegestart.org.

Regional University Baccalaureate Scholarship

This scholarship enables 11 participating public universities to provide up to four years of scholarship support to academically promising Oklahoma students enrolled in a baccalaureate program. Participating regional universities are Cameron University, East Central University, Langston University, Northeastern State University, Northwestern Oklahoma State University, Oklahoma Panhandle State University, Rogers State University, Southeastern Oklahoma State University, Southwestern Oklahoma State University, University of Central Oklahoma, and the University of Science and Arts of Oklahoma. Learn more at OKcollegestart.org/Regional_University_Baccalaureate_Scholarship.

Inspired to Teach

The Inspired to Teach program was established by the Oklahoma Legislature and the State Regents as an incentive to encourage the preparation of teachers in critical shortage areas in Oklahoma public schools. Inspired to Teach offers qualified Oklahoma students an opportunity to earn scholarships and benefits. Program participants may have the opportunity to earn up to \$25,500 as they complete their Educator Preparation Program and teach in Oklahoma. Learn more at Inspired2TeachOK.org.

Oklahoma Access and Achievement Scholarship

The Oklahoma Access and Achievement Scholarship Program was created to support students with intellectual disabilities who are enrolled in comprehensive transition and postsecondary education programs (CTP) to prepare for gainful employment. Learn more at OKcollegestart.org.

George and Donna Nigh Public Service Scholarship

The George and Donna Nigh Public Service Scholarship was established by the 1999 Oklahoma Legislature to provide scholarship opportunities to outstanding students who are preparing for careers in public service. A component of the scholarship program is participation in seminars about public service offered by the Nigh Institute. Oklahoma public colleges and universities and certain Oklahoma private colleges may nominate one scholarship recipient per year. Learn more at OKcollegestart.org.

Scholars for Excellence in Child Care Program

The Scholars program awards scholarships to eligible child care professionals to complete coursework in the area of child development. These scholarships enable child care providers in Oklahoma to attend a technology center or community college to improve their skills through education. Learn more at OKHigherEd.org/scholars.

For more information about Oklahoma scholarship programs, call 405.225.9456 or 800.858.1840 or email StudentInfo@osrhe.edu.

TUITION WAIVERS

College-Awarded Tuition Waiver Scholarships

State Regents' policy authorizes each institution in the Oklahoma State System of Higher Education to provide for tuition waiver scholarships on the basis of financial need, scholastic aptitude and achievement, academic discipline or field of study, student activity participation and academic level. State system institutions are also required to waive resident tuition for individuals who meet specific criteria, as outlined in state statute.

State-Authorized Tuition Waivers

In addition to tuition waiver scholarships awarded by Oklahoma public colleges and universities, resident tuition will be waived fully or partially for the following:

- Senior citizens who wish to audit courses (may include a waiver of special fees and activity fees)
- POWs, MIAs and their dependents
- Dependents of peace officers and firefighters killed in the line of duty
- Exchange students on a reciprocal basis
- Graduate assistants, either resident or nonresident, with at least a one-quarter time graduate assistantship
- Oklahoma Rising Scholars Award honorees (formerly Academic Scholars Program awardees)
- Regional University Baccalaureate Scholarship awardees
- Independent Living Act – Individuals in the former custody of the Department of Human Services who meet specific criteria
- Benefits-eligible employees at institutions in the Oklahoma State System of Higher Education

Learn more at OKcollegestart.org (search for "tuition waiver").

Independent Living Act (Foster Care Tuition Waiver)

The Independent Living Act was established by the 2000 Oklahoma Legislature to ensure that eligible individuals who have been or are in the foster care program of the Department of Human Services (DHS) receive services that include housing, medical coverage and education. Learn more at OKcollegestart.org or nrcys.ou.edu/oksa.

OTHER OKLAHOMA ASSISTANCE PROGRAMS

Employer Tuition Assistance for Higher Education

Many agencies, organizations, institutions and businesses across Oklahoma provide tuition assistance benefits to help their employees pay for higher education. Types of education benefits for employees vary, and may include:

- Tuition payment assistance or reimbursement.
- Payment/reimbursement for licensing courses and exams.
- Matched contributions to employer-sponsored Oklahoma 529 plan.
- Student loan repayment.

To provide an additional resource for students and parents as they explore options to help cover college costs, the State Regents' website features a list of employers that offer tuition assistance benefits for employees that can be used at an Oklahoma public college or university. Learn more at OKHigherEd.org/tuition-assistance.

Oklahoma 529

Oklahoma 529 (formerly the Oklahoma 529 College Savings Plan) provides families with a smart, flexible way to save for their children's future. The plan offers a choice of investment options, tax advantages and the flexibility of using the savings at any qualified higher education institution both in the United States and abroad. Learn more at Oklahoma529.com.

SREB Academic Common Market

The Academic Common Market (ACM) is an arrangement among Southern states allowing Oklahoma students to pay in-state tuition rates at out-of-state colleges or universities while studying in select programs not available at Oklahoma public institutions. The tuition savings to Oklahoma residents who participate in the ACM, as compared to those who enroll as out-of-state students, vary by institution. Learn more at OKHigherEd.org/acm.

Teacher Shortage Employment Incentive Program (TSEIP)

TSEIP is a legislative ruling administered by the State Regents. TSEIP was designed to recruit and retain math and science teachers in Oklahoma. Successful candidates will be reimbursed toward eligible student loan expenses or an equivalent cash benefit upon fulfillment of certain requirements while still in college. Learn more at OKHigherEd.org/otc/tseip.

TAX CREDITS

Federal American Opportunity and Lifetime Learning Tax Credits

If you're paying for your or your dependent's college education, there are two tax credits available for you – the American Opportunity Credit and the Lifetime Learning Credit.

The American Opportunity Credit can be claimed for each of the first four years of college or career technology school for classes that lead to a degree or recognized certificate. The student must be enrolled at least half-time to qualify for the American Opportunity Credit. The Lifetime Learning Credit is available for any postsecondary education, including graduate and professional school, and unlike the American Opportunity Credit, there is no minimum enrollment. If you qualify for both credits, it will usually be to your advantage to claim the American Opportunity Credit.

For more information, call the IRS Help Line at 800.829.1040; review IRS Publication 970, Tax Benefits for Higher Education, at [irs.gov](https://www.irs.gov); or consult your tax adviser.

RESOURCES

COUNSELOR MATERIALS CALENDAR

September 2025

- Oklahoma's Promise Mailing
- Preparing for College Materials Available Online for Download/Printing
- UCanGo2 College Planning and FAFSA High School Counselor Materials Available Online for Download/Printing

CONTACT INFORMATION

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UCanGo2

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Oklahoma College Access Network (OK-CAN)

The Oklahoma College Assistance Program (OCAP) built OK-CAN to serve as a centralized hub for college access initiatives and service providers, including high school counselors and educators. OK-CAN provides a framework for participating members to collaborate on activities, materials, publications, tools and other resources to help more Oklahomans recognize that education after high school is within reach. Connect with OK-CAN at OKCollegeAccess.org.



UCanGo2

OCAP's college access initiative, UCanGo2, is a comprehensive outreach program to help students and parents plan, prepare and pay for education after high school. UCanGo2 provides free resources and services that empower educators, counselors, campus personnel and community partners to demonstrate the value of higher education, inspire confidence to support academic achievement and help families overcome barriers to educational access and success. Learn more at UCanGo2.org.



Ready Set Repay

Ready Set Repay provides information and tools for student loan borrowers and Oklahoma higher education institutions to help students make smart borrowing decisions and successfully repay their student loans. Visit the site at ReadySetRepay.org.



Oklahoma Money Matters

Oklahoma Money Matters (OKMM), OCAP and OSRHE's financial literacy initiative, offers counselors access to a wide variety of instructional materials and online tools, including money management guides, lesson plans, and an interactive budgeting tool. Counselors can also engage through Financial Friday, an online newsletter they can share with students through email or the school's newsletter, social media pages and/or website. Email OklahomaMoneyMatters@ocap.org to learn more or sign up to receive *Financial Friday*.

SOCIAL MEDIA CONNECTIONS

Like us on Facebook

- Oklahoma State Regents for Higher Education
facebook.com/OKHigherEd
- GEAR UP
facebook.com/OKGEARUP
- OKcollegestart
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- Oklahoma's Promise
facebook.com/OKPromise
- Oklahoma Money Matters
facebook.com/OklahomaMoneyMatters
- Oklahoma Teacher Connection
facebook.com/OklahomaTeacherConnection
- Reach Higher Oklahoma
facebook.com/reachhigheroklahoma
- UCanGo2
facebook.com/UCanGo2

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- GEAR UP
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- Oklahoma Money Matters
x.com/OKMoneyMatters

Follow us on LinkedIn

- Oklahoma State Regents for Higher Education
linkedin.com/company/oklahoma-state-regents-for-higher-education
- OneNet
linkedin.com/company/onenet

Subscribe to our YouTube channels

- Oklahoma State Regents for Higher Education
youtube.com/user/OKHigherEd
- Oklahoma College Assistance Program
youtube.com/user/okcollegeassistance

Follow us on Instagram

- Oklahoma State Regents for Higher Education
instagram.com/ok.higher.ed/
- GEAR UP
instagram.com/ok_gearup

SUMMARY LIST OF HELPFUL WEBSITES

- Advanced Placement
OKcollegestart.org/College_Planning
- College Scholarships
College-Scholarships.com
- Concurrent Enrollment
OKcollegestart.org/College_Planning
- Cooperative Agreements Project
ShowWhatYouKnowOK.org/cooperative-agreement-program-inventory
- Educators Rising
OKHigherEd.org/otc
- Edvisors Featured Scholarships
Edvisors.com
- Employer Tuition Assistance for Higher Education
OKHigherEd.org/adult-students/tuition-assistance
- Fastweb Scholarship Search
Fastweb.com
- Federal Hope (American Opportunity) and Lifetime Learning Tax Credits
IRS.gov
- Federal Student Aid ID (FSA ID)
StudentAid.gov
- Free Application for Federal Student Aid (FAFSA)
FAFSA.gov
- Gaining Early Awareness and Readiness for Undergraduate Programs (GEAR UP)
OKGEARUP.org
- George and Donna Nigh Public Service Scholarship
OKcollegestart.org
- Heroes Promise
OKcollegestart.org
- Independent Living Act (Foster Care Tuition Waiver)
OKHigherEd.org/independent-living
- Inspired to Teach Program
Inspired2TeachOK.org
- Lead Oklahoma (Formerly LEAP)
OKHigherEd.org/otc
- Mapping Your Future
MappingYourFuture.org
- National Guard Tuition Waiver
OKcollegestart.org/National_Guard
- OKcollegestart.org
OKcollegestart.org
- Oklahoma 529
Oklahoma529.com
- Oklahoma City Community Foundation
OCCF.org
- Oklahoma College Access Network (OK-CAN)
OKCollegeAccess.org
- Oklahoma College Assistance Program
OCAP.org
- Oklahoma Course Transfer
OKCourseTransfer.org
- Oklahoma Money Matters (OKMM)
OklahomaMoneyMatters.org
- Oklahoma Rising Scholars Award (formerly Academic Scholars Program)
OKcollegestart.org/Financial_Aid_Planning
- Oklahoma State Department of Education
Oklahoma.gov/education
- Oklahoma State Regents for Higher Education
OKHigherEd.org
- Oklahoma Tuition Aid Grant Program (OTAG)
OKHigherEd.org/otag
- Oklahoma Tuition Equalization Grant
OKHigherEd.org/oteg
- Oklahoma Tuition Waivers
OKcollegestart.org (search for "tuition waiver")
- Oklahoma's Promise (Oklahoma Higher Learning Access Program)
OKPromise.org
- Public Service Loan Forgiveness (PSLF)
StudentAid.gov
- Ready Set Repay
ReadySetRepay.org
- Regional University Baccalaureate Scholarship
OKcollegestart.org/Regional_University_Baccalaureate_Scholarship
- Scholars for Excellence in Child Care Program
OKHigherEd.org/scholars
- Scholarships360
Scholarships360.org
- Scholarships.com
Scholarships.com
- Show What You Know
ShowWhatYouKnowOK.org
- Spanish OSRHE Resources
OKHigherEd.org/publications/espanol
- SREB Academic Common Market
OKcollegestart.org
- Start with FAFSA
StartWithFAFSA.org
- Student Guide to Financial Aid
FinAid.org
- Student Preparation
OKHigherEd.org/student-prep
- Teacher Loan Forgiveness Program
StudentAid.gov
- Teacher Shortage Employment Incentive Program (TSEIP)
OKHigherEd.org/otc/tseip
- Teach Oklahoma (Formerly ACE)
OKHigherEd.org/otc
- UCanGo2
UCanGo2.org

OKLAHOMA'S OFFICIAL COLLEGE PLANNING WEBSITE



OKCOLLEGESTART.ORG

OKcollegestart.org is Oklahoma's official website for college planning. The comprehensive site provides a one-stop shop for students, parents, adult learners and educators. It features information and tools that can help make planning and paying for college easier for students and their families.

OKcollegestart.org also includes a Professional Center where counselors can monitor students' progress through career exploration, college selection and financial aid completion.

Counselors can customize and assign an Individual Career Academic Plan (ICAP) for middle and high school students. ICAP activities include career and interest surveys, a resume builder and test score tracking tools. OKcollegestart.org also allows counselors to combine their calendars with students' and post reminders about upcoming events and deadlines to help keep students on track to meet their individual goals. In addition, the site gives counselors the ability to generate reports on students' progress to help identify gaps in students' college plans, such as a missing required course.

To participate in the Professional Center, counselors must first contact the Oklahoma State Regents for Higher Education at 405.234.4383 or OKcollegestart@ocap.org to receive an access code.

OKcollegestart.org for Students

OKcollegestart.org provides students the opportunity to create a lifelong portfolio for college and career planning that contains secure records of academic progress, activities and achievements throughout high school. Students have the option of simply browsing the site for college planning information or creating an account that is protected with a username and password for access to enhanced features, like completing Individual Career Academic Plans assigned by counselors, applying for Oklahoma's Promise and saving results from college searches and comparisons.

Career Planning

Students can use the *Career Planning* feature to find out how their unique attributes match up with certain occupations. With *Career Planning*, students can:

- Select *Learn About Yourself* to determine interests, discover careers they might want to consider, and learn about skills and work values.
- Select *Explore Careers* to search for careers by salary and career clusters or to look for specific careers. Students can also access links to virtual campus tours for colleges and universities across the state.
- Select *Get a Job* to create resumes and thank-you letters, polish interview skills and get help finding a job.

High School Planning

The *High School Planning* feature contains information for students to create an academic plan of study and achieve success in high school. With *High School Planning*, students can:

- Select *Plan of Study* to plan high school courses and prepare to meet college and career pathway requirements. The student's plan of study is automatically saved within their portfolio, and students can compare their plan of study to college preparatory/work-ready curriculum standards and core curriculum standards.
- Select *High School Planning Timeline* to find out what they should be doing each year of high school to prepare for college.
- Select *Succeeding in High School* to find helpful advice about getting and staying ahead, including homework helper websites.

College Planning

With the *College Planning* feature, students can research and identify Oklahoma college and university campuses that meet their needs, find out the requirements for college admission, research degree programs and more. With *College Planning*, students can:

- Select *Explore Postsecondary Schools* to find colleges and universities that best suit their goals. Students can use the *School Finder* to search for schools that match their needs from a comprehensive list of school characteristics; use the *College Matching Assistant* to search for schools by criteria such as size, location and majors; view campus attributes side-by-side with the *Compare Schools* tool; and locate schools near zip codes with the *Distance Search* tool.
- Select *Prepare for College* to choose the right courses to meet college requirements, plan out the steps to take during each year of high school and find out admission requirements for Oklahoma public colleges and universities. Students and families can also review concurrent enrollment requirements and guidelines.
- Select *Test Prep* to boost their test-taking confidence with modules that allow them to work at their own pace.
- Select *Explore Programs and Majors* to find degree programs that they might be interested in pursuing.
- Apply for the Oklahoma's Promise scholarship program.

Financial Aid Planning

The *Financial Aid Planning* feature provides students with information about current college costs and any additional expenses to consider when planning for college. This tab helps students and families learn about finding and applying for the four major types of financial aid — grants, loans, scholarships and work-study — and find out how to make paying for college a little easier. With *Financial Aid Planning*, students can:

- Select any of the Free Application for Federal Student Aid (FAFSA) links on OKcollegestart.org to be taken to the official website to complete the application. Students should complete the FAFSA as soon as the new form becomes available during their senior year of high school. By completing the application, students apply for funds awarded by most federal and state agencies. Even students who are not sure that they will need financial aid should fill out a FAFSA anyway — it's free!
- Select *Financial Aid 101* to learn the basics about applying, the FAFSA, financial aid packages, determining eligibility, college costs, types of financial aid and more.
- Select *Make College More Affordable* to find information about cost-saving programs such as concurrent enrollment, earning credit for prior learning experiences and scholarships for students with disabilities, military dependents and veterans or foster care alumni.
- Select *Financial Aid Calculators* to get help determining the cost of college, college savings, loans, and scholarship amounts.
- Select *Find Scholarships* to search a database of over 20,000 scholarships, browse local scholarships entered by their school and other financial aid they might be eligible to receive. Students will build a "My Scholarship Profile" to match scholarships according to their ACT and SAT scores, GPA, any disabilities and a variety of special circumstances. In addition, students will receive alerts on their profile when a saved scholarship deadline is approaching and they can sign up to receive monthly email alerts when new scholarships match their profiles.
- Select *Financial Aid Wizard* to get a grip on their financial futures by building a plan that's just right for them.
- Select *Financial Fitness* to explore ways to manage money, a life skill that will help students meet financial obligations, avoid serious debt and use credit wisely.

Your Portfolio

The *Your Portfolio* feature of OKcollegestart.org allows students to create a personalized portfolio protected by a username and password. Students can personalize their portfolios by recording future goals, experiences and extracurricular activities, and they can see reviews or comments made to their portfolios. Whether students have started or completed an assessment, the work students do on OKcollegestart.org will automatically be saved within *Your Portfolio*. In addition, students can enter and store academic activity and achievement information. It is important that students keep this information up-to-date because it can be used to automatically fill in certain areas of the free scholarship search profile available on OKcollegestart.org. The *Your Portfolio* section includes the following features:

- **Career Planning Portfolio:** Students can review saved careers and assessment results, getting ready for work information and saved work experiences.
- **High School Planning Portfolio:** Students can update a personalized plan of study and high school results.
- **College Planning Portfolio:** Students can update future educational plans and college preparation milestones. Students can find and input information about their postsecondary plans

and experiences, test scores and lifelong education plans.

Students can also explore colleges online and select campuses to add to *Your Portfolio*. This allows students and counselors to keep track of whether student coursework is matching up with required admission standards for different colleges and universities. Students may add or delete colleges from this list anytime.

- **Financial Aid Planning Portfolio:** Students can review financial aid plans, locate a link to submit the FAFSA, and access saved scholarship searches.
- **Your Journal:** Students can record ideas, questions and thoughts throughout the process of making plans for college.
- **Your Planning Milestones:** Students can track progress on items they need to complete. These are milestones that advisers assign and track to see students' progress.
- **Send and Receive Messages:** Students can access a free OKcollegestart.org email account that can be used for college planning purposes, such as communicating with a school counselor or college.
- **Review and Manage Your Event Calendar:** The calendar displays all upcoming events at student-specified colleges from individual portfolios. The calendar can also display upcoming local events added by the school counselor. Students can also add their own events and reminders.
- **Account Access Activity:** Displays when students have accessed their accounts by date and time.
- **Parent/Guardian Access to Your Portfolio:** Students can invite a parent or guardian to connect to *Your Portfolio*.
- **Merge Your Accounts:** Allows students to merge multiple OKcollegestart.org accounts.

OKcollegestart.org for Parents

The *Parents* section of OKcollegestart.org provides links to detailed information about Oklahoma's Promise, ways to start saving money for a child's college education, a planning timeline to help students identify what they should be doing each year to prepare for college, homework helpers, scholarships, financial aid and more. The *Parents* section also allows parents to track the progress of their child's account on OKcollegestart.org.

OKcollegestart.org for Adult Learners

The *Adult Learner* section of OKcollegestart.org provides information about programs and majors, career comparisons, test prep, scholarships, creating resumes, thank-you letters and ways to polish job interview skills. In addition, the *Adult Learner* section includes links to resources such as:

- Reach Higher, Oklahoma's Degree Completion Program
- Critical Occupations
- Adult Student Information
- Show What You Know OK – Get Credit for Prior Learning
- Resources for Student Veterans and Active-Duty Military
- Transfer Student Information
- OKMM – Manage Your Money
- UpskillOK: Micro-credential Programs

OKcollegestart.org for Educators

The *Professional* section of OKcollegestart.org provides resources to help educators guide students on the path to college. Specifically, the *Professional* resource section includes links to:

- The *Professional Center*, the place for educators and counselors to access resources, customize ICAP templates, manage student accounts and more
- Scholarship Corner
- College Application Week
- Oklahoma FAFSA Data Portal
- Advanced Placement
- Concurrent Enrollment
- OKcollegestart.org Videos and Webinars, to watch instructional videos
- Order/View Preparing for College Materials Online

For more information, visit [OKcollegestart.org](https://okcollegestart.org) or call 405.234.4383 or 800.858.1840.

EXPLORE OKLAHOMA POSTSECONDARY SCHOOL PROFILES

For an in-depth look at individual Oklahoma public college and university profiles, as well as independent institution and career technology center profiles, visit [OKcollegestart.org/College_Planning/Explore_Schools](https://okcollegestart.org/College_Planning/Explore_Schools). Profiles are provided by each campus and may include info about:

- Campus stats
- Admissions
- Academics
- Costs and financial aid
- Student life
- Contact information
- Virtual tours
- And more!



**OKLAHOMA STATE REGENTS
FOR HIGHER EDUCATION**

Improving our future by degrees

Oklahoma State Regents for Higher Education

P.O. Box 108850, Oklahoma City, OK 73101-8850
655 Research Parkway, Suite 200 | Oklahoma City, OK 73104 |
405.225.9180 | fax 405.225.9181

Student Information Hotline:

405.225.9239 or 800.858.1840 or 405.225.9239

OKHigherEd.org