



BREAKFAST



MARCH 2025

Sequoyah Public Schools



Mid High Building

Monday

3

Breakfast Pizza or
Parfait & Granola
Peaches
Juice

Tuesday

4

Cereal or Biscuit & Gravy
Sausage
Applesauce Cup
Juice

Wednesday

5

Pop Tart or Cereal or
Biscuit & Gravy
Sausage
Oranges & Juice

Thursday

6

Fruit Smoothie & Grahams
Or Warm Oatmeal
Or Cereal
Strawberries & Juice

Friday

7

Cereal or Biscuit & Gravy
Egg Omelet
Apple Slices
Juice

Wow Cereal Bar or

10

Biscuit & Gravy
Sausage
Pears
Juice

Fruit Smoothie & Grahams

11

Or Breakfast Bites
Peaches
Juice

Cereal or Biscuit & Gravy

12

Egg Patty
Strawberries
Juice

Parfait & Granola

13

Or Warm Blueberry Muffin
Applesauce
Juice

Banana Bread or Biscuit & Gravy

14

Sausage
Assorted Fruit
Juice



24

Pop Tart or Biscuit &
Gravy Omelet
Applesauce Cup
Juice

25

Fruit Smoothie & Grahams
Or Cowboy Bread
Strawberries
Juice

26

Cereal or Biscuit & Gravy
Sausage
Pears
Juice

27

Parfait & Granola
Or Cinnamon Toast
Egg Omelet
Peaches
Juice

28

Cereal or Biscuit & Gravy
Sausage
Bananas
Juice

31

Cereal or Biscuit & Gravy
Sausage
Peaches
Juice



[Enter Additional Info]