



# SEPTEMBER 2025

Sequoyah Elementary

PK – 3<sup>rd</sup>

Monday

No School

1

Labor Day

Tuesday

2

Cheese Burger  
Potato Smiles  
Pickles  
Rosy Applesauce

Wednesday

3

Chicken Strips  
Mashed Potatoes & Gravy  
Green Beans  
Hot Roll  
Peaches

Thursday

4

Cheese Pizza Squares  
Carrots  
Salad  
Mixed Fruit

Friday

5

Asian Chicken Bowl  
Seasoned Rice  
Mixed Vegetables  
Pears

★ Turkey & Cheese Wrap  
Sun Chips  
Baked Beans  
Applesauce Cup

8

Cheese Omelet  
Spinach Salad  
Biscuit  
Fresh Fruit

9

★ Popcorn Chicken  
Mashed Potatoes & Gravy  
Peas  
Hot Roll  
Pears

10

Cheesy Beef & Mac  
Italian Veggies  
Sweet Wedges  
Garlic Toast  
Peaches

11

Corn Dog  
French Fries  
Fresh Salad  
Fruit Cup

12

★ Fiesta Taco Bowl  
Refried Beans  
Sunshine Corn  
Cinnamon Apples

15

Pizza Hut Pizza  
Sweet Fries  
Fresh Salad  
Pineapple

16

★ Steak Fingers  
Mashed Potatoes & Gravy  
Peas  
Hot Roll  
Peaches

17

Hot Dog  
Baked Beans  
Cole Slaw  
Pears

18

★ Grilled Cheese Sandwich  
Tomato Soup  
Broccoli  
Sliced Apples

19

★ Cheese Sticks  
Pizza Dipping Sauce  
Italian Veggies  
Pears

22

★ Mini Corn Dogs  
Baked Beans  
Sweet Wedges  
Grandma's Cookies  
Peaches

23

★ Chicken Nuggets  
Mashed Potatoes & Gravy  
Green Beans  
Hot Roll  
Strawberries

24

★ Chicken Pot Pie  
With Peas & Carrots  
Applesauce Cup  
Grandma's Cookie

25

★ Breaded Beef Sandwich  
Potato Smiles  
Lettuce, Tomato & Pickles  
Mixed Fruit

26

★ Cheese Burger  
French Fries  
Pickles  
Strawberries

29

★ Teriyaki Bites  
Seasoned Rice  
Mixed Veggies  
Pears

30

\*Menus subject to change.\*

Variety of Milk Served Daily.

This institution is an equal opportunity provider.

3<sup>rd</sup> – 5<sup>th</sup> Optional Daily Main Dishes: Turkey or Ham or Yogurt Cup with Cheese Stick and Crackers.

To make an online payment or to fill out a Free & Reduced Meal form log onto Sequoyah Sylogist (Gradebook/Parent Portal) at

<https://oked.sylogist.com/Sequoyah>