



SEPTEMBER 2025

Sequoyah Public School

4th- 12th



Monday

Tuesday

Wednesday

Thursday

Friday

No School

1

Labor Day

2
Chicken Fried Steak
Mashed Potatoes & Gravy
Green Beans
Hot Roll
Applesauce Cups

3
Beef Terriyaki Bites
Fried Rice
Seasoned Broccoli
Peas & Carrots
Peaches

4
Pizza Hut Pizza or
Vegetable Soup & Crackers
Sweet Fries
Salad
Pineapple

5
Chicken Fajita or
Ranch Turkey Club Wrap
Ranch Beans
Potato Wedges
Sliced Apples



8
Steak Fingers
Garlic Toast
Baked Beans
Sunshine Corn
Pears

9
Chicken Drummie
Hot Roll
Mashed Potatoes & Gravy
Sweet Green Peas
Watermelon

10
Soft Chicken Taco
Or Baja Wrap
Refried Beans
Salsa, Lettuce & Tomato
Cinnamon Apples

11
Pizza Hut Pizza or
Tortilla Soup & Chips
Sweet Wedges
Spinach Salad
Peaches

12
Cheeseburger
French Fries
Lettuce, Tomato & Pickles
Mixed Fruit

15
Salisbury Steak
Garlic Toast
Broccoli
Glazed Carrots
Peaches

16
Chicken Mega Minis
Hot Roll
Mashed Potatoes & Gravy
Green Beans
Fresh Grapes

17
Ranch Chicken Wrap
or Chicken Pot Pie
w/ Peas & Carrots
Salad
Strawberries

18
Pizza Hut Pizza or
Enchilada Soup & Chips
Sweet Fries
Salad
Apple Slices

19
Chick'n Fried Beef Sandwich
Curly Fries
Lettuce, Tomato & Pickles
Pears

22
Orange Chicken
Fried Rice
Seasoned Broccoli
Peas & Carrots
Mandarin Oranges

23
Chicken Strips
Hot Roll
Mashed Potatoes & Gravy
Green Peas
Peaches

24
Walking Taco
Black Bean Salsa
Lettuce, Tomato & Onion
Spiced Pears

25
Pizza Hut Pizza or
Wild Rice Soup
Sweet Wedges
Pineapple
Brownie

26
Chicken Club Sandwich
French Fries
Lettuce, Tomato & Pickles
Apple Slices

29
Chicken Fiesta Nachos
Refried Beans
Salsa
Cinnamon Apples

30
Chicken Fried Steak
Hot Roll
Mashed Potatoes & Gravy
Green Beans
Pears



Choice of Milk & Second Options also available.

To make an online payment or to fill out a Free & Reduced Meal form log onto Sequoyah Sylogist (Gradebook/Parent Portal) at

<https://oked.sylogist.com/Sequoyah>

This institution is an equal opportunity provider.

Menus subject to change.