



OCTOBER 2026

Sequoyah Public School

4th – 12th

Monday

Tuesday

Wednesday

Thursday

Friday



5
Spaghetti & Meat Sauce
Garlic Toast
Broccoli
Corn
Peaches

6
Chicken Strips
Mashed Potatoes & Gravy
Green Beans
Hot Roll
Strawberries

7
Chicken Teriyaki
Fried Rice
Peas & Carrots
Spinach Salad
Mandarin Oranges

1
Pizza Hut Pizza
Chicken Enchilada Soup
Sweet Wedges
Salad
Pears

2
Grilled Chicken Sandwich
French Fries
Lettuce & Tomato
100% Fruit Juice
Assorted Fruit

8
Pizza Hut Pizza
Taco Soup
Sweet Wedges
Salad
Pears

9
Cheeseburger
French Fries
Lettuce, Tomato & Pickles
Sliced Apples

12
Walking Taco
Refried Beans
Black Bean Salsa
Cinnamon Apples

13
Roasted Chicken
Mashed Potatoes & Gravy
Green Peas
Hot Roll
Assorted Fruit

14 15 16
Fall Break

19
Cheesy Bread Stick
Marinara Sauce
Broccoli
Pears

20
Mega Mini Chicken
Mashed Potatoes & Gravy
Green Beans
Hot Roll
Peaches

21
Corn Dog
Baked Beans
Cole Slaw
Sliced Apples
Cookie

22
Pizza Hut Pizza
Chicken Tortilla Soup
Sweet Wedges
Salad
Pineapple

23
Steak Sandwich
French Fries
Lettuce, Tomato & Onion
Strawberries

26
Beef Fingers
Cheesy Potatoes
Broccoli
Garlic Toast
Strawberries

27
Pop Corn Chicken
Mashed Potatoes & Gravy
Sunshine Corn
Hot Roll
Fruit Cup

28
Meat & Cheese Nachos
Salsa
Lettuce, Tomato & Onion
Cinnamon Pears

29
Pizza Hut Pizza
Chicken Wild Rice Soup
Sweet Wedges
Salad
100% Fruit Juice

30
Mummy Dog
Skeleton Fingers
Baked Zombie Fuel
Tree Droppings & Goo
Also available
Dripping Red Ooze & Yellow Slime

Choice of Milk & Second Options also available.

To make an online payment or to fill out a Free & Reduced Meal form log onto Sequoyah Sylogist (Gradebook/Parent Portal) at
<https://oked.sylogist.com/Sequoyah>

This institution is an equal opportunity provider.

Menus subject to change.